

April 2022

Senior Hi-Lites

Charlevoix County Commission on Aging Newsletter
 Funding for Charlevoix County Commission on Aging is provided
 by: Charlevoix County Senior Millage; Michigan Aging & Adult
 Services Agency; Area Agency on Aging of Northwest MI

Area happenings

For more information:

Beaver Island Chamber
 (231) 448-2022
 Main Street
 Beaver Island, MI 49782
 beaverislandcommunitycenter.org

Boyne Area Chamber
 (231) 582-6222
 115 S. Lake St., Suite A,
 Boyne City, MI 49712
 boynechamber.com

Charlevoix Chamber
 (231) 547-2101
 109 Mason Street
 Charlevoix, MI 49720
 charlevoix.org

East Jordan Chamber
 (231) 536-7351
 100 Main Street, Suite B
 East Jordan, MI 49727
 ejchamber.org



APRIL 2022 NOTABLE DATES

- 1 Fun at Work Day
- 2 Peanut Butter & Jelly Day
- 3 Find a Rainbow Day
- 4 Walk Around Things Day
- 5 Read a Road Map Day
- 6 Walking Day
- 7 No Housework Day
- 8 Zoo Lovers Day
- 9 Name Yourself Day
- 10 Palm Sunday
- 11 Pet Day
- 12 Grilled Cheese Sandwich Day
- 13 Scrabble Day
- 14 Moment of Laughter Day
- 15 Good Friday & Tax Day
- 16 Bean Counter Day
- 17 Easter Sunday
- 18 Amateur Radio Day
- 19 Bicycle Day
- 20 Look A-Like Day
- 21 High Five Day
- 22 Earth Day
- 23 Take a Chance Day
- 24 Pig in a Blanket Day
- 25 Telephone Day
- 26 Pretzel Day
- 27 Tell a Story Day
- 28 Kiss Your Mate Day
- 29 Dance Day
- 30 Honesty Day

“SOME OLD-FASHIONED THINGS LIKE FRESH AIR & SUNSHINE ARE HARD TO BEAT.”
 ~ LAURA INGALLS WILDER

Director's CORNER

This month's Guest Column is presented by Sheri Shepard, Assistant Director of the COA.



difference in our community.

I can say this from experience, as I have delivered Home Delivered Meals to our home bound aging community. You know you are making a difference by delivering a warm meal, a few minutes of conversation and a well person check.

We offer a free meal on the day you Volunteer, as well as an Annual Volunteer recognition Celebration annually.

If you have a couple hours even once a week or month to deliver meals, wash dishes, peel potatoes, greet guests and serve coffee as they arrive at our Centers, play in a band, or teach a craft we would love to make you part of our Volunteer Team.

“Volunteers are just ordinary people with extraordinary hearts. They offer the gift of their time, to teach, to listen, to help, to inspire, to build, to grow, to learn. They expect no pay yet the value of their work has not limit. They've known the unexpected joy of a simple hug. They've planted tiny seeds of love in countless lives. Volunteers are just ordinary people who reach out and take a hand and together make a difference that lasts a lifetime.”

To start volunteering for the COA you will need to call our Commission on Aging office and speak with Kevin, our Volunteer Coordinator.

Before I tell you how to become a Charlevoix County Commission on Aging Volunteer, let me first tell you about the awesome Volunteers we currently have. Whether it be the 90-year-old World War II Veteran, recently retired couples or students from our local high schools, our Volunteers come to us with unique talents and diverse backgrounds. They all come to us with one thing in common, helping others.

With all the working parts of our program we would not be able to do what we do without our COA Volunteers. Whether delivering meals or being a hostess in our dining rooms, our Volunteers and their work is priceless. We are open five days a week, Monday through Friday and deliver meals all five days.

Our drivers are out delivering whether it be on an 85-degree day or the middle of winter when everyone else is sitting by a warm fire. Our hostess's role in the Senior Centers allow our Site Coordinators to attend to other needs of our attendees besides the front desk duties.

Occasionally we have volunteers help with kitchen duties or help with the dishes. This gives our cooks extra time to perfect their cooking and prep for the following days meal.

Last but certainly not least; bands, performers, and speakers & educators are part of our Volunteer team. We have some extremely talented folks that volunteer in this capacity.

Volunteering in one of our many volunteer job capacities is so rewarding. It is an opportunity to meet new people, help your peers and make a

COA Information

COA Office
 218 W. Garfield Ave.,
 Charlevoix, MI 49720
 231-237-0103
 Toll Free: 866-428-5185
 Fax: 231-237-0105
 Office open M-F 7:30am-4:30pm

Main Office Staff:
 Amy Wieland, Executive Director
 Sheri Shepard, Assistant Director
 Theresa Graham, Office Manager
 Sally Nye, Database Coordinator
 Paul Tate, Food Service Manager
 Kevin Clements, Senior Program Facilitator

Health Care Services:
 Tracey Rupinski, RN, Director of Health Care Services
 Robin Pugh, RN, CFC
 Carla Middaugh, Personal Care
 Arlene Wilson, CENA
 Kim Crandell, Homemaker
 Rhonda Whiteford, Homemaker

COA Advisory Board:
 Luanne Reed, Chair; Ed May, Vice-Chair; Aleta Runey, William Cousineau, Cathy Kessler, Sharon Misiak, Secretary/Treasurer, Janet Kalbfell;
 Shirley Roloff, Board Liaison

Beaver Island COA Office:
Open M-F 8a-5p
 Lonnie Allen, BI County Building & COA Site Coordinator
 26466 Donegal Bay Road
 Beaver Island, MI 49782
 231-448-2124

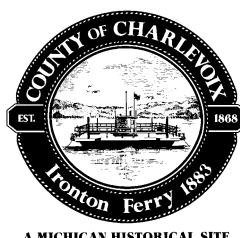
Boyne Area Senior Center:
Open M-F 9a-2p
 Shannon Pearce, Site Coordinator
 Gretchen, Bridget Food Service & HD Meals
 411 E. Division, PO Box 964
 Boyne City, MI 49712
 231-582-6682

Charlevoix Senior Center:
Open M-F 8a-4p
 Vikki Pearsall, Northside Building and COA Site Coordinator, Zack & Kathy Food Service & HD Meals
 13513 Division Street
 Charlevoix, MI 49720
 231-547-3844

East Jordan Senior Center:
Open M-F 9a-2p
 Brenda Skop, Site Coordinator
 Kelly, Star, Nate Food Service & HD Meals
 951 Mill Street, East Jordan, MI 49727
 231-536-7831

****The Boyne, Charlevoix & East Jordan Senior Centers May - September Wednesday Hours are 2p-7p.**

Visit our Website: www.charlevoixcounty.org/Commission_on_Aging or our Facebook page “Charlevoix County Commission on Aging”



For more detailed information on things going on at our Senior Centers:

Please call and speak with the Site Coordinator directly or call the COA Office.

We are so excited to share that we HAVE REOPENED ALL of the Charlevoix County Senior Centers to the public on March 21, 2022 for our regular senior services INCLUDING DINING IN!

Masks ARE STILL recommended but not mandatory.

We will continue to ask that those not feeling well or who are sick to please NOT come into the Senior Centers & if you do, please know you will be asked to leave to protect our Aging Adults and the Staff who serve you!

This decision was not made lightly and has the FULL support of the Charlevoix County Commissioners. Things that were taken under consideration to open were:
MDHHS has rescinded the Mask Requirement for most indoor gatherings with a few exceptions.

The HDNW has rescinded the Mask Mandate in Schools.
Munson Healthcare has moved to Orange Pandemic Response Levels.
Only 20 Counties in MI are in the red right now.
The Emergency Public Health Act ends on 4/16/22.

According to the CDC on 3/8/22: Our Regional and County Positivity rates are quickly declining. Charlevoix County has gone from Red High Risk to Orange Substantial Risk. Charlevoix County 7 day positivity rate is down to 3.29% which is close to where we opened in July 2021. Deaths rates are down 100%. The % of the population greater than 65 years that is fully vaccinated is 87.4%. The % of the population greater than 65 years that is fully vaccinated with a booster is 77.4%.

Curbside ENDED on March 18, 2022, but there will be Take Out available for those still not wanting to dine in.

We will gradually be adding all other activities and entertainment back and plan to start Wednesday Night dinners June 1, 2022.

Still be patient with us as we have been closed for 2 years and we want to make sure that your experience with us is at the highest standard. It will take time to get back to where we were and things will look a feel different for a while still.

We invite you to have a wonderful experience reuniting with each other and our staff. We have missed you and want you here. Have grace with each other as coming out of a Pandemic is almost as hard as going into one.

Let us remember our friends that we have lost and were unable to say good bye to. Let's honor their memory by making our Senior Centers and Experiences the very best that they can be for everyone!

TRAVEL CLUB IS BACK TOO!

It's time for a Re-Sale Trip Around the Lake...

We will leave the centers at 10a and go around the lake and explore various resale stores for some great bargains. Along the way we will stop and have lunch at one of the Senior Centers. We will return to your Senior Center at 2-2:30pm.

Cost of the trip: \$3 for Lunch & your own spending money for the Re-Sale Shops. Please sign up with your Senior Center Site Coordinator.

Trips are scheduled to leave from:

Boyne Area Senior Center - Thursday, April 21

East Jordan Senior Center - Thursday, April 28

Charlevoix Senior Center - Friday, April 29



Charlevoix Area Caregiver Support Group - Free & Open to ALL Caregivers

Presented by the Alzheimer's Association of Michigan and Facilitated by trained staff of the Charlevoix County Commission on Aging.

Build a support system with people who understand.

Develop a support system.

Exchange practical information on challenges and possible solutions.

Talk through issues and ways of coping.

Share feelings, needs and concerns.

Learn about community resources.

Meeting in person at the Charlevoix Senior Center - Conference Room

The Second Thursday of the month from 1pm - 2:30p

Please call Sheri at (231) 237-0103 for more information or if you are interested in attending.

ALL Charlevoix County Senior Center Menus

All Senior Center Locations Menu April 2022

COA Phone: 237-0103

Charlevoix Senior Center: 547-5361 East Jordan Senior Center: 536-7831

Boyer Area Senior Center: 582-6682

Monday	Tuesday	Wednesday	Thursday	Friday
ALL OF OUR SENIOR CENTERS ARE FINALLY OPEN! To Celebrate we are having a MEATLOAF MARATHON all month! Welcome Back!	We will be providing Homemade Soups as often as the supply chain allows us to.	ALL MEALS INCLUDE MILK, BREAD & BUTTER, 2 VEGGIES & A FRUIT. MENU SUBJECT TO CHANGE WITHOUT NOTICE	There will be NO Curbside meals but we will have TO GO available at all Centers.	1. Fun At Work Day Cook's Choice or Seafood Selection, Potato, Vegetable, Fruit
4. Baked Ziti, Tomato Sauce, Double Cheese, Garlic Bread, Garden Vegetable, Fruit	5. Pepper steak, Colored peppers & Onions, Seasoned Rice, Fruit <i>AM Veteran Social & Baking</i>	6. Meatloaf Marathon Day Mom's Meatloaf, Mashed Potatoes & Gravy, Vegetables, Fruit	7. Breakfast for Lunch Biscuit & Sausage Gravy, Scrambled Eggs, Hash Browns, Cinnamon Applesauce	8. Cook's Choice or Seafood Selection, Potato, Vegetable, Fruit
11. Breaded Chicken Sandwich, Bun, Swiss Cheese, Sweet Potato Fries, Garden Vegetable, Fruit	12. Meatloaf Marathon Day Mom's Meatloaf, Mashed Potatoes & Gravy, Vegetables, Fruit	13. Nacho Day Ground Turkey Taco Meat, Tortilla Chips & Cheese, Corn & Black Beans, Fruit	14. Easter Celebration Baked Ham with Pineapple, Fresh Diced Sweet Potato with Marshmallow, Asparagus, Special Dessert	15. Good Friday No Meal Service as ALL Senior Centers are CLOSED. COA Office is Open for half the day.
18. Bacon Macaroni & Cheese, Fresh Green Beans, Cheesy Garlic Biscuit, Fruit	19. Bicycle Day Baked Garlic Seasoned Bone in Chicken Thigh, Diced Red Potatoes, Fresh Vegetable, Fruit <i>AM Veteran Social & Baking</i>	20. Look A Like Day Bratwurst Patty, Bun, Cheddar Cheese, Tater Tots, Vegetable, Fruit	21. Meatloaf Marathon Day Mom's Meatloaf, Mashed Potatoes & Gravy, Vegetables, Fruit	22. Roasted Turkey with Stuffing & Gravy, Fresh Vegetable, Fruit
25. Opened Faced Corned Beef Rubeen, Swiss Cheese, Sauerkraut, Wedge Fries, 1000 Dressing, Fruit	26. Pretzel Day Chicken Alfredo, Fresh Broccoli, Pasta, Garlic Bread, Fruit <i>AM Veteran Social & Baking</i>	27. Beef Stew over Biscuit, Stew Vegetables, Fruit	28. Kiss Your Mate Day Ham & Cheese Stromboli, Pasta Salad with Vegetables, Fruit	29. Meatloaf Marathon Day Mom's Meatloaf, Mashed Potatoes & Gravy, Vegetables, Fruit

ALL SENIOR CENTER LOCATIONS ACTIVITIES

All Senior Center Locations Activities for April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
C = Charlevoix Center* 13513 Division St. E = East Jordan Center 951 Mill St. B = Boyne Area Center 411 E. Division St.	Veteran Coffee/Donuts Social Dates are: C—4/5 at 9a BI—4/12 9a E—4/19 at 9a BC— 4/26 at 9a	Ice Cream Social Birthday Celebration Dates are: C— 3rd Friday E— 1st Friday BC— 4th Friday Sponsored by the Charlevoix American House	Senior Center Advisory Meetings are: C—TBD E— 4/14 at 10a BC— 4/5 at 10:30a	1. C— 9a Coffee Talk, 9a Walkers, 10a Crafts, 1p Any Games/Puzzles, 1:30p Pickleball, E - Lucky Buck, 10:30a Gym Walking, 11a Music Barry Loper, 12:30p Cash BINGO B - Foot Clinic, Seniorcise 9a, 10a Coffee Hour, 11a Dollar/Juke Box, 12:30p BINGO
4. C - 9a Coffee Talk, 9a Walkers, 1p Bridge/Games/Puzzles, 1p Mens Basketball, 3:30p Beginners Pickleball E - 10:45a Exercise/Lou or 10:30a Gym Walking, 10:30a Bible Study, 12:30p Wii, Corn Hole Toss B - Seniorcise 9a, 10a Coffee/Crafts Hour, 12:30p Team Puzzling, Corn Hole, BUNCO	5. C - 9a Coffee Hour, 9a Walkers, 1p Mahjong, 1p Games/Puzzles, 1:30p Pickleball, 4:30p Yoga E - 10a Coffee & Crafts, 10:30a Gym Walking, 12:30p Mexican Poker B - Seniorcise 9a, Lucky Buck Wear Green, 10a Coffee/Rummikub Hour, 12:30p Euchre/Cards/Dice	6. C - 8:30a Yoga, 9a Coffee Talk, 9:45a Chair Yoga, 9a Walkers, 1p Bridge/Games/Puzzles E - 10a Coffee Hour, 10:30a Gym Walking, 12:30p Card Bingo B - Seniorcise 9a, 10a Coffee/Crafts Hour, 11a Monty Loper, 12:30p GAMES! 12:30p Card BINGO	7. C - 9a Coffee Talk, 9a Walkers, 10a Crafts, 1p Any Games/Puzzles, 1p Mahjong, 1:30p Pickleball E - 10a Coffee Hour, 10:30a Gym Walking, 12:30p Texas Hold-em or Cards B - Seniorcise 9a, 10a Coffee Hour, 10a Rummikub, 12:30p Euchre/Cards/Dice	8. C - 9a Coffee Talk, 9a Walkers, 10a Crafts, 1p Any Games/Puzzles, 1:30p Pickleball E - Lucky Buck, 10:30a Gym Walking, 11a Music OJ Adkins, 12:30p Cash BINGO B - Seniorcise 9a, 10a Coffee/Crafts Hour, 11a Entertainment, 12p Corn Hole, 12:30p Card BINGO
11. C - 9a Coffee Talk, 9a Walkers, 1p Bridge/Games/Puzzles, 1p Mens Basketball, 3:30p Beginners Pickleball E - 10:45a Exercise/Lou or 10:30a Gym Walking, 10:30a Bible Study, 12:30p Wii, Corn Hole Toss B - Seniorcise 9a, 10a Coffee/Crafts Hour, 12:30p Team Puzzling, Corn Hole, BUNCO	12. C - 9a Coffee Hour, 9a Walkers, 1p Mahjong, 1p Games/Puzzles, 1:30p Pickleball, 4:30p Yoga E - 10a Coffee & Crafts, 10:30a Gym Walking, 12:30p Mexican Poker B - Seniorcise 9a, Lucky Buck Wear Hat, 10a Coffee/Rummikub Hour, 12:30p Euchre/Cards/Dice	13. C - 8:30a Yoga, 9a Coffee Talk, 9:45a Chair Yoga, 9a Walkers, 1p Bridge/Games/Puzzles E - 10a Coffee Hour, 10:30a Gym Walking, 12:30p Card Bingo B - Seniorcise 9a, 10a Coffee/Crafts Hour, 10a Mexican Train Dominos, 12:30p GAMES! 12:30p Card BINGO	14. C - 9a Coffee Talk, 9a Walkers, 10a Crafts, 11a Brad Hersey, 1p Any Games/Puzzles, 1p Mahjong, 1:30p Pickleball E - Foot Clinic, 10a Coffee Hour, 10:30a Gym Walking, 12:30p Texas Hold-em or Cards B - Seniorcise 9a, 10a Coffee Hour, 10a Rummikub, 12:30p Euchre/Cards/Dice	15. All Centers are CLOSED for Good Friday. COA Offices will be open only in the am.
18. C - 9a Coffee Talk, 9a Walkers, 1p Bridge/Games/Puzzles, 1p Mens Basketball, 3:30p Beginners Pickleball E - 10:45a Exercise/Lou or 10:30a Gym Walking, 10:30a Bible Study, 12:30p Wii, Corn Hole Toss B - Seniorcise 9a, 10a Coffee/Crafts Hour, 12:30p Team Puzzling, Corn Hole, BUNCO	19. C - 9a Coffee Hour, 9a Walkers, 1p Mahjong, 1p Games/Puzzles, 1:30p Pickleball, 4:30p Yoga E - 10a Coffee & Crafts, 10:30a Gym Walking, 12:30p Mexican Poker B - Foot Clinic, Seniorcise 9a, 10a Coffee /Rummikub Hour, 12:30p Euchre/Cards/Dice	20. C - 8:30a Yoga, 9a Coffee Talk, 9:45a Chair Yoga, 1p Hand Massages, 9a Walkers, 1p Bridge/ Games/Puzzles E - 10a Coffee Hour, 10:30a Gym Walking, 12:30p Card Bingo B - Seniorcise 9a, 10a Coffee/Crafts Hour, 10a Mexican Train Dominos, 12:30p GAMES! 12:30p Card BINGO	21. C - Foot Clinic, 9a Coffee Talk, 9a Walkers, 10a Crafts, 1p Any Games/ Puzzles, 1p Mahjong, 1:30p Pickleball E - 10a Coffee Hour, 10:30a Gym Walking, 10:45a Hand Massages, 12:30p Texas Hold-em or Cards B - Seniorcise 9a, 10a Coffee Hour, 10a Rummikub, 12:30p Euchre/Cards/Dice	22. C - 9a Coffee Talk, 9a Walkers, 10a Crafts, 1p Any Games/Puzzles, 1:30p Pickleball E - Lucky Buck, 10:30a Gym Walking, 11a Music Tweo Beats, 12:30p Cash BINGO B - Seniorcise 9a, 10a Coffee/Crafts Hour, 11a Entertainment, 12p Corn Hole, 12:30p Card BINGO
25. C - 9a Coffee Talk, 9a Walkers, 1p Bridge/Games/Puzzles, 1p Mens Basketball, 3:30p Beginners Pickleball E - 10:45a Exercise/Lou or 10:30a Gym Walking, 10:30a Bible Study, 12:30p Wii, Corn Hole Toss B - Seniorcise 9a, 10a Coffee/Crafts Hour, 12:30p Team Puzzling, Corn Hole, BUNCO	26. C - 9a Coffee Hour, 9a Walkers, 1p Mahjong, 1p Games/Puzzles, 1:30p Pickleball, 4:30p Yoga E - Foot Clinic, 10a Coffee & Crafts, 10:30a Gym Walking, 12:30p Mexican Poker B - Seniorcise 9a, Lucky Buck Wear Red/Blue, 12:30p Euchre/Cards/Dice	27. C - 8:30a Yoga, 9a Coffee Talk, 9:45a Chair Yoga, 9a Walkers, 1p Bridge/Games/Puzzles E - 10a Coffee Hour, 10:30a Gym Walking, 12:30p Card Bingo B - Seniorcise 9a, 10a Coffee/Crafts Hour, 10a Mexican Train Dominos, 12:30p GAMES! 12:30p Card BINGO	28. C - 9a Coffee Talk, 9a Walkers, 10a Crafts, 11a Brad Hersey, 1p Any Games/Puzzles, 1p Mahjong, 1:30p Pickleball E - 10a Coffee Hour, 10:30a Gym Walking, 12:30p Texas Hold-em or Cards B - Foot Clinic, Seniorcise 9a, 10a Coffee Hour, 10a Rummikub, 12:30p Euchre/Cards/Dice	29. C - 9a Coffee Talk, 9a Walkers, 10a Crafts, 1p Any Games/Puzzles, 1:30p Pickleball E - Lucky Buck, 10:30a Gym Walking, 11a Music, 12:30p Cash BINGO B - Seniorcise 9a, 10a Coffee/Crafts Hour, 11a Entertainment, 12p Corn Hole, 12:30p Card BINGO

WE Love our Veteran's!

Charlevoix County Veterans Affairs reminds all veterans, and widows/surviving spouses to contact the Veterans Affairs office to schedule an annual VA file review appointment.

During this appointment, you will meet with a CVSO (in our new offices and with either Josh or Kaylee) and update your VA file, review past/present claims, and answer any questions you may have.

For attending this appointment, you will be eligible to receive a \$50 Meijer Food voucher.

CHARLEVOIX COUNTY: Take A Vet Fishing

This is a national program. Currently, the Charlevoix County event is the only event scheduled for Michigan for 2022. We are looking for volunteers. We are also looking for veterans who would like to take part and go fishing! If you are a veteran or know of a veteran who might be interested in fishing, please go to www.takeavetfishing.org

Volunteers, you will use the same website to sign up.
Thanks!

In April the Charlevoix County Commission on Aging will offer Veterans one free lunch* at the following locations and on the following days:

- April 5**-Charlevoix Senior Center – 13513 Division Street, Charlevoix 547-3844 – Every 1st Tuesday of the Month
- April 12**-Beaver Island COA Office-26466 Donegal Bay Road, Beaver Island 448-2124– Every 2nd Tuesday of the Month - One Voucher age 60 & over
- April 19**-East Jordan Senior Center – 951 Mill Street, East Jordan 536-7831 – Every 3rd Tuesday of the Month
- April 26**-Boyne Area Senior Center – 411 E. Division, Boyne City 82-6682 – Every 4th Tuesday of the Month

Beaver Island Activities and Update

Contact Lonnie at the BI COA for more information at (231) 448-2124 or Email to allenl@charlevoixcounty.org

Beaver Island Wellness Check Program

The Charlevoix County Commission on Aging and the Charlevoix County Sheriff's Department are collaborating their efforts on Beaver Island with respect to the safety and wellness of our Seniors on Beaver Island. The COA has created a program with the Sheriff's Department that will provide free, periodic wellness checks for aging residents of Beaver Island, aged sixty (60) and older due to the limited resources on the island.

Voucher Meal Program

Available at Dalwhinnie's, The School, and the Shamrock & The Bodega at this time.

Please call Lonnie for all the Other Beaver Island Fun March Activities planned like the Tai-Chi, Strength Training, BINGO, Crafts and More!

Reminder: The BI Meal Voucher Program is for Charlevoix County Tax Paying Seniors, 60 years old and older only.

Just for fun



Spring Word Search



N	Q	F	I	P	F	S	D	R	I	B	L	S	B	F	Z	R
J	V	P	X	X	O	X	S	B	G	P	I	S	R	E	P	S
T	D	X	M	R	A	W	S	N	P	T	R	R	F	S	Q	E
N	M	Z	B	G	T	E	A	E	O	Z	P	E	N	J	M	O
Y	D	B	M	P	G	A	R	N	I	X	A	W	A	J	E	U
G	S	Y	C	T	X	S	G	I	U	R	V	O	T	N	V	V
G	I	S	N	Q	E	T	X	H	V	U	L	H	Q	X	Q	C
E	V	P	F	J	V	E	K	S	Y	U	S	S	Z	B	Y	L
V	D	T	L	C	P	R	E	N	A	P	R	E	E	Q	M	I
K	D	W	O	R	Y	D	R	U	M	B	R	E	L	L	A	W
M	R	G	W	D	Z	B	A	S	E	B	A	L	L	L	R	Q
R	R	T	E	Q	W	Q	Y	V	T	J	D	L	A	H	C	E
M	B	H	R	M	W	D	Q	T	W	W	Q	R	Q	X	H	U
M	F	M	S	E	R	J	F	N	O	T	T	A	G	S	H	E
N	G	N	I	R	P	S	X	X	B	G	A	I	S	I	V	W
E	R	H	I	I	I	L	M	G	R	E	E	N	Y	L	T	R
Y	R	W	D	M	L	G	Q	T	T	I	A	O	A	F	F	B

SPRING
MAY
GREEN
WARM
UMBRELLA



MARCH
FLOWERS
GRASS
SHOWERS
EASTER



APRIL
BASEBALL
SUNSHINE
RAIN
BIRDS

